## Pastor's Weekly Devotional – October 11th, 2018

## "Words and Thoughts"

All you <u>are</u>, <u>experience</u> and <u>hope</u> to achieve are based on two things – YOUR WORDS and THOUGHTS. Whatever you are obsessed with in your mind will eventually be expressed in your words. Your outer world is controlled by your inner thoughts. Your thought is the fuel for your words and your actions. The Bible says: "As a person <u>thinks</u> in his/her heart, so is he/she" (<u>Proverbs</u> 23:7).

"Guard your heart above all else, for it determines the course of your life." (<u>Proverbs</u> 4: 23)

So, what should you do? Guard your Thought Life! Become the master of your thoughts! Filter every thought that you do not want to show up in your future. Become vigilant about what enters your mind daily. Avoid people who are negative, controlling and in subtle ways, plant seeds of discord and questions into your mind.

Instead, have life-affirming thoughts. Positive thoughts that lead to a smile. Hook up your heart to God's Divine Frequency. God wired your thoughts to be like the "energizer bunny" – always going, never stopping, and equipped to overcome every obstacle.

God has fashioned you to create, innovate, strategize and to succeed. He has put His <u>own</u> thoughts and nature within you. Through the prophet Jeremiah, God says: "I will put my instructions deep within My people, and I will write them (instructions) on their hearts" (31:33).

What Frequency are your thoughts on today? Change it to God's Frequency. There you will be reminded that "you can do all things thru Christ who strengthens you."

See you in church Sunday.

Have a blessed week! Pastor Sewdin