

Pastor's Weekly Devotional- November 5, 2015

"The Problem of Guilt"

Every human being has done at least one thing in his or her life resulting with a feeling of guilt. While "guilt" involves a regrettable act or action, its consequences involves SHAME. Those who suffer from shame live their lives suffering from guilt.

So, what do you do with Guilt? Many people deal with it by DROWNING it. Marlon Brando, the once very famous Hollywood actor, as he grew older he weighed over 400 lbs. He told someone: "Now I am a guilty old man who is ashamed of the kind of life I've had. There is nothing left for me except eating." He drowned his guilt by overeating - but it didn't remove his guilt!

Others deal with Guilt by DENYING it. They claim that there are no absolutes. No ultimate standards of right and wrong. No accountability to a higher power. But this does not work. There is the Voice of Conscience always reminding and nagging at the soul.

Still others deal with Guilt by DEFLECTING it. They blame others for their shortcomings and failures. Adam blamed Eve. Eve blamed the Serpent. Parents are blamed. The Environment is blamed. But that does not remove the stain of guilt.

How can we get rid of Guilt? We can't drown it, deny it or deflect it. It can only be removed by the blood of Jesus Christ (1 John 1:9). Jesus has paid the penalty for all our sins, failures and guilt on the cross. He offers abundant forgiveness (Isaiah 55:7). He remembers our sins no more (Hebrews 10:17). He washes our consciences and removes the stain of guilt (Hebrews 9:14).

Have a blessed week. See you in church Sunday.

Pastor Sewdin